



City of Covina
Parks & Recreation Department
Senior Services Division

Seniors-in-Action Seminars

Preregistration is required for all seminars. All seminars are FREE to attend.

Location: Covina Joslyn Center, 815 N. Barranca Ave.

Greater Covina Medical Group Presentations

Health Education Presentations & Screening

Day & Time: Thursday, 10:30-11:30 am
Dates: February 18 – Information Meeting and Cooking Demonstration
March 18 – Information Meeting and Glucose Screening

Center for Healthcare Rights Presentations

“Making Sense of Medicare”

- Who is eligible for Medicare?
- What does Medicare cover, how much does it pay?
- What are the gaps in Medicare benefits?
- What types of costs, not covered under Medicare, can be covered under Medicare assignment, Medicare supplemental health insurance, and other health maintenance organizations?

Date: Thursday, February 4
Time: 1 pm

“What You Should Know About Medicare Advantage HMOs”

- Learn about Medicare Advantage costs and benefits
- What appeal rights are available when a Medicare Advantage HMO refuses to provide or pay for needed care?
- How does a Medicare Advantage HMO compare to a Medigap insurance policy?

Date: Thursday, April 1
Time: 1 pm

Medi-cal for Low-Income Seniors and People with Disabilities

- What is Medi-Cal and who is eligible?
- What benefits are covered by Medi-Cal?
- What is Medi-Cal long-term care and how does it pay for nursing home care?

Date: Thursday, June 3

For more information, please call (626) 384-5380.

Please visit the City's website at www.covinaca.gov for information on other City programs and services.